

#### **PRODUCT SHEET**

Identification: Trainevo-Ficheprod-01

Revision Date: 11/2021 Version number: 01

# **Training Title:** Well-being at Work

This training allows to deploy a culture of well-being at work in order to fight against psychosocial risks (PSR) and participate in the improvement of the company's performance.

Reference:	Category:	Duration:
Trainevo-022022-RH-04	Human resources	1 day
Language(s):	Training organization:	Nb of participants (min):
French	TRAINEVO	6

## Objectif(s)

Carry out an inventory of the level of well-being of your employees in the company and teleworking. Identify and assess risk situations.

Implement an action plan to improve the level of well-being at work of employees.

## **Program**

- 1-Issues related to well-being at work
- 2-The regulatory framework
- 3-Some key figures
- 4-What is PSR & misconceptions
- 5-What are the risk factors
- 6-What are the consequences for employees
- 7-Quelles are the consequences for the company
- 8-Deployment of a methodology for managing well-being at work
- 8.1-State of play in the company
- 8.2-Identification and assessment of risk situations
- 8.3-Implementation of a plan to improve the level of well-being at work
- 8.4-Periodically evaluate and improve performance related to the management of well-being at work

#### Method

The participatory presentation, integrating a methodology and implementation tools, facilitates the acquisition of skills.

Tel: +35220601127

Email: info@trainevo.lu

Site: www.trainevo.lu

## **Target audience**

Managers, HR, Designated Worker, Assistant or QSE/HSE/OHS Manager, employee representatives.

#### **Evaluation**

Certificate of training